

<--- COURSE MAP INSIDE

FOR MORE INFORMATION

Listen out for all the latest race information on the MKFM. There will be regular updates on race day, including traffic reports.



Call the Traffic Hotline before/during/after: **0845 387 1685**

Email any questions to: Traffic@event-people.co.uk

RUN

The multi-award winning MK Marathon makes it easy to join the run of a lifetime with quick online registration. Whether you want to run the 5k, the Marathon or Half Marathon or get the family signed up for the Superhero Fun Run, you'll find all the options online at mkmarathon.com. Just visit our website and click "ENTER" to get started.

CHEER

The stadium is the perfect place for you to see your runner run a victory lap of the pitch and cross the finish line. There is free entry to the stadium all day. You can come and go as you please. Seats will be filled on a first come, first served basis – so grab a seat, bring your bells and whistles and cheer them on to the finish!

Why not take part in the family friendly Superhero Fun Run on Bank Holiday Monday 6th May for an unmissable day of family fun!

VOLUNTEER

Our volunteers are the backbone and heart of the MK Marathon Weekend event. Everyone of them is a hero and we thank them from the bottom of our hearts for their support.

As a volunteer you will receive an amazing technical Event Crew T-Shirt to wear on the day and a commemorative badge. Plus if you volunteer on Monday you'll get a great subway lunch.

Please join our team: mkmarathon.com/eventcrew



mkmarathon.com/spectators



ROAD CLOSURES THAT MAY IMPACT YOU

To safeguard our participants, a number of roads will be closed or have restrictions on the day of the event. Latest road closure details can be seen on the website mkmarathon.com/road-closures. Please accept our apologies for any inconvenience.

You won't be able to drive on roads that are closed. If you live on the route and need to leave by car during the event we advise that you move your car before the closure starts. If you live off the route you will need to avoid the closed roads.

EVENT INFORMATION

This year the weekend of the MK Marathon will see a 5K race on Sunday 5th May and a Marathon, 1/2 Marathon, Marathon Relay and Superhero Fun Run on Bank Holiday Monday 6th May. The event is expected to see thousands of runners over the weekend. Runners from across the United Kingdom and around the World are coming to MK to see the best that the city has to offer.

Since its inception in 2010, the MK Marathon quickly became a top 10 UK Marathon and won dozens of awards! The routes offer a mix of new and the old, and include the original Milton Keynes Village.

The routes are very scenic and include numerous beautiful lakes, picturesque parks and even the meandering grand union canal.

The routes show off the best that Milton Keynes has to offer!

mkmarathon.com/road-closures

EVENT NOTICE



5 - 6 May 2024

main sponsor

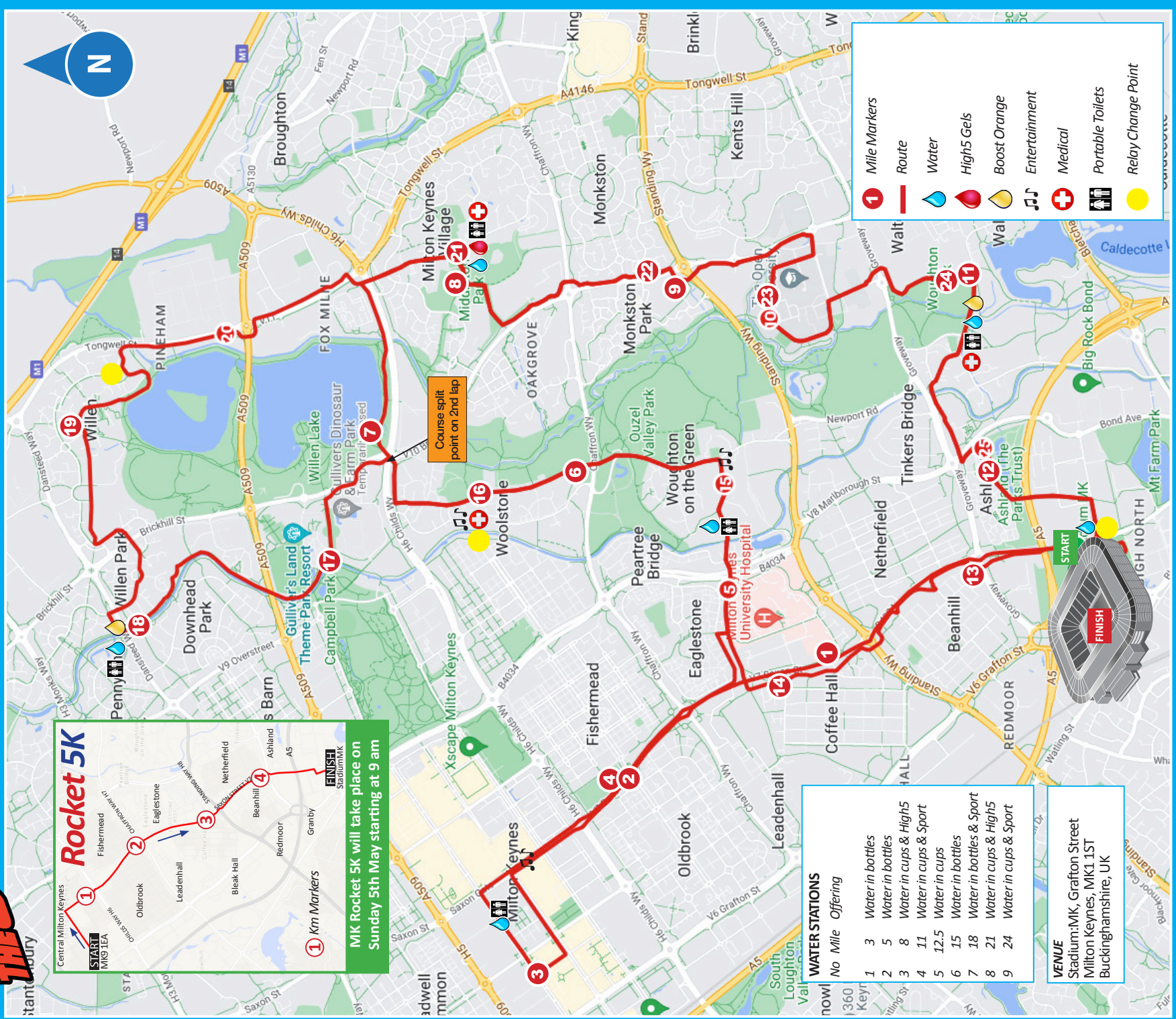


mkmarathon.com/road-closures

MK MARATHON

BANK HOLIDAY MONDAY, 6 MAY 2024

START TIME: 09:00



Rocket 5K

START MK1 1ST

FINISH Eaglestone

1 Km Markers

MK Rocket 5K will take place on Sunday 5th May starting at 9 am

WATER STATIONS	
No	Mile Offering
1	Water in bottles
2	Water in bottles
3	Water in cups & High5
4	Water in cups & Sport
5	Water in cups
6	Water in bottles
7	Water in bottles & Sport
8	Water in cups & High5
9	Water in cups & Sport
10	Water in cups & Sport
11	Water in cups & Sport
12	Water in cups & Sport
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VENUE

Stadium MK, Grafton Street
Milton Keynes, MK1 1ST
Buckinghamshire, UK

