

# SUPERHERO FUN RUN 2024

## EVENT INSTRUCTIONS

**RACE STARTS AT 09:30**



# 6 MAY 2024

[mkmarathon.com/superhero-fun-run](http://mkmarathon.com/superhero-fun-run)



# Welcome to the Superhero Fun Run

**DATE:** 6 May 2024

**RACE START:** 09:30 am after the MK Marathon / Half runners have cleared the start line in Saxon Street. Please do not get in the way of the start until all the marathon runners have left.

**DISTANCE:** Just over 1 mile on traffic free closed roads.

**FINISH:** The finish line will be inside the Stadium.

**DRESS CODE:** Superhero costume essential.

**MEDAL:** An amazing Superhero Medal will be presented to all finishers.

**AWARDS:** Trophies for 1st, 2nd and 3rd Superheroes to cross the finish line. The awards will be presented on the podium next to the finish line as soon as the first three runners have finished.

THE MK MARATHON TEAM WOULD LIKE TO THANK OUR SPONSORS,  
PARTNERS AND VOLUNTEERS FOR THEIR GENEROUS SUPPORT.  
WITHOUT THEM THIS EVENT COULD NOT TAKE PLACE.



*This medal will be waiting for you at the finish!*

## TERMS AND CONDITIONS OF ENTRY

No transfers, deferrals or refunds for the Superhero Fun Run under any circumstances.

*No dogs allowed.*

Buggies and wheelchairs are allowed, but only Superheroes with a running number will get a medal.

# Getting to the stadium

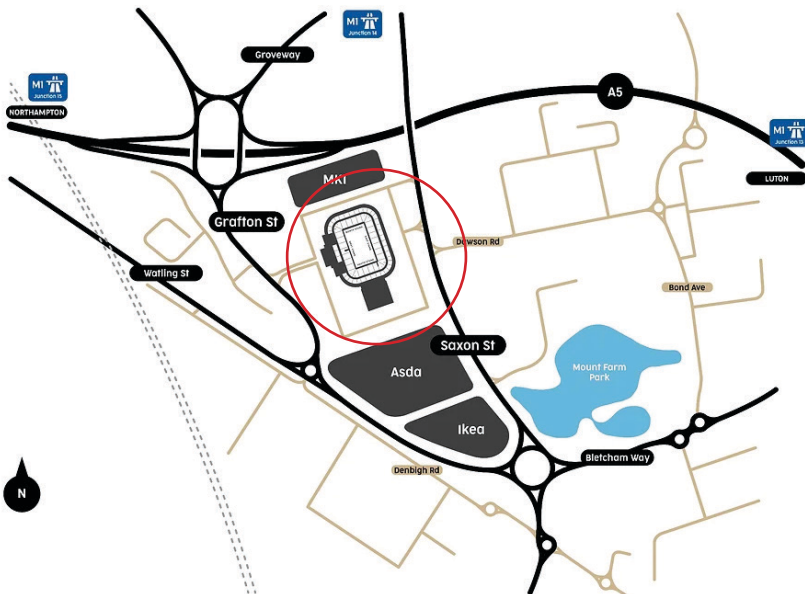


The Superhero Fun Run is sponsored by Brioche Pasquier who will be providing Brioche rolls to all Superheroes!

We're located in the heart of Milton Keynes, at the centre point between London, Birmingham, Oxford, and Cambridge. Getting here is easy, with excellent transport links by road, train, and bus. If you're coming from London, we're just a 35-minute train journey from central London. Whether you're driving or using public transport, you'll find us easily accessible and well-connected.

Please arrive early as there will be a lot of people.

[mkmarathon.com/travel-parking](http://mkmarathon.com/travel-parking)



# Collecting your runner number

## ENTRIES ON OR BEFORE 16 APRIL

*Running numbers are not posted.*

- Collect your running number from the Up & Running store.
- From now until Sunday 5th May at 17:00.

## LATE ENTRIES AT THE MINI EXPO

You will be able to grab a late entry place only at the Mini Expo, which will be held at Up & Running. £10 cash only.

- Thursday 2nd May: 16:00 - 20:00
- Friday 3rd May: 16:00 - 20:00

## COLLECTION ON RACE DAY

If you are unable to collect your Running Number from Up & Running, or you entered after 16th April, then you will be able to collect it from the Superhero Number Collection Desk in the Cow Shed Bar, which can be accessed from the south end of the Stadium concourse.

**You must collect before 09:00 to give our team enough time to get to the start line.**

Please use Gate 5 or 7.

## IMPORTANT INFORMATION

1. Up & Running, Inside Go Outdoors, Central Retail Park, Patriot Dr, Bradwell Common, Milton Keynes MK13 8PU.
2. You can also collect Friends and family running numbers. You will just need to confirm their full name and postcode.
3. There will **ONLY** be entries on race day if we have any availability. Please check our social media posts leading up to the event.
4. Safety pins can be found on a table in the Cow Shed Bar. Please do not get in the queue to get pins.
5. Attach your number to the front of your running top where marshals can see it and complete any medical details on the back.
6. **When you receive your Running Number you are ready to run! Just pin on your number and you're ready to go.**



*Baking life's special moments*

**Proud Sponsor of the**  **marathon WEEKEND**

## 80+ year old French recipe!

In 1936, our father Gabriel Pasquier opened his boulangerie in the small village of Les Cerqueux, situated in the Loire region of France. Since then, we have been committed to offering you simple, yet tasty products using our classic French recipe. After many years of baking our delicious brioche, one day we had the idea to create a scrumptious brioche for children that would be great to enjoy wherever they go. A little while later, the PITCH we know and love was born: a yummy filled brioche roll, that is perfect for lunchboxes or for a breaktime snack.



**COME AND GRAB YOUR FREE SAMPLE AT THE FINISH LINE!**



# MILTON KEYNES MARATHON BACK TO THE STADIUM 2024 EDITION

# SUPERHERO FUN RUN

MONDAY 6 MAY 2024 @ 09:30



# Superhero Fun Run Child Collection

All Superheroes will enter the stadium via the service tunnel, complete an anti-clockwise lap of the pitch and finish near the players tunnel. Once through the finish they will be given their medal, water. They will then continue around the pitch and exit the stadium via the service tunnel. Finishers will then be directed through the Arena, and given a Brioche roll before exiting Gate 6.

## CHILD COLLECTION

Adults should collect unaccompanied children from the Superhero Collection Area just inside Gate 6 of the Arena.

Please be ready to collect your child at 10:00.

## LOST CHILD

If you have lost a child, then please go to the Info Point, which can be found just inside Gate 6 of the Arena.

