

# SUPERHERO FUN RUN 2025

## EVENT INSTRUCTIONS



# 5 MAY 2025

[mkmarathon.com/superhero-fun-run](http://mkmarathon.com/superhero-fun-run)



FOR  
OUTSTANDING  
RACE MANAGEMENT

# Welcome to the Superhero Fun Run

**DATE:** 5 May 2025

**RACE START:** 09:30 am after the MK Marathon / Half runners have cleared the start line in Saxon Street.

*Please do not get in the way of the start until all the marathon runners have left.*

**DISTANCE:** Just over 1 mile on traffic free closed roads.

**FINISH:** The finish line will be inside the Stadium.

**DRESS CODE:** Superhero costume essential.

**MEDAL:** An amazing Superhero Medal will be presented to all finishers.

**AWARDS:** Trophies for 1st, 2nd and 3rd Superheroes to cross the finish line. The awards will be presented on the podium next to the finish line as soon as the first three runners have finished.

THE MK MARATHON TEAM WOULD LIKE TO THANK OUR SPONSORS,  
PARTNERS AND VOLUNTEERS FOR THEIR GENEROUS SUPPORT.  
WITHOUT THEM THIS EVENT COULD NOT TAKE PLACE.



*This medal will be waiting for you at the finish!*

## TERMS AND CONDITIONS OF ENTRY

No transfers, deferrals or refunds for the Superhero Fun Run under any circumstances.

*No dogs allowed.*

Buggies and wheelchairs are allowed, but only Superheroes with a running number will get a medal.

**Event Permit Number: 27933**

**Twitter:** mk\_marathon

**Facebook:** MiltonKeynesMarathon

# Getting to the stadium

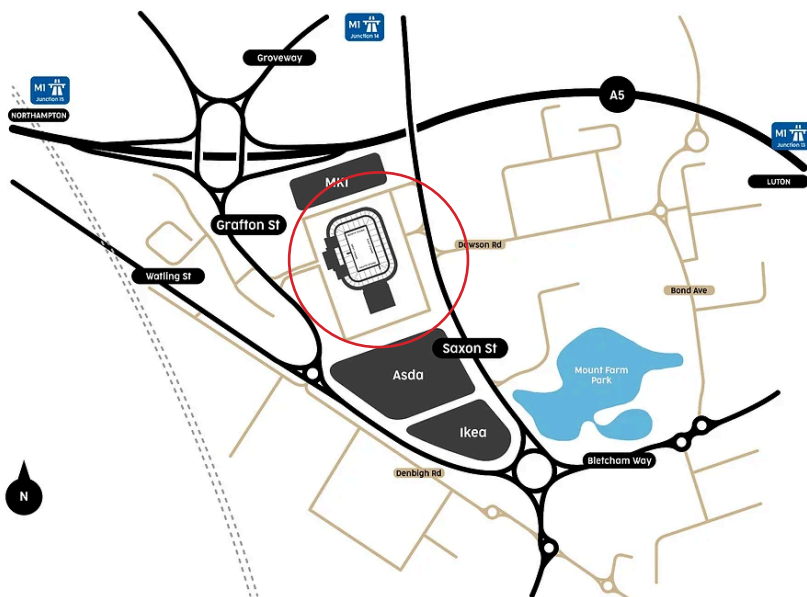


The Superhero Fun Run is sponsored by Brioche Pasquier who will be providing Brioche rolls to all Superheroes!

We're located in the heart of Milton Keynes, at the centre point between London, Birmingham, Oxford, and Cambridge. Getting here is easy, with excellent transport links by road, train, and bus. If you're coming from London, we're just a 35-minute train journey from central London. Whether you're driving or using public transport, you'll find us easily accessible and well-connected.

Please arrive early as there will be a lot of people.

[mkmarathon.com/travel-parking](http://mkmarathon.com/travel-parking)



# Collecting your runner number

## RUNNER NUMBERS ARE NOT POSTED.

### ENTRIES ON OR BEFORE 15<sup>th</sup> APRIL

- Collect your running number from the Up & Running store.
- Between Saturday, 19th April, at 11:00 until Sunday 4th May at 16:00.

### LATE ENTRIES

- Collect your running number from the Info Point inside the Arena on the day of the event from 07:00.

### AT THE MINI EXPO

You can grab a late entry place at the Mini Expo, subject to availability.

- Thursday 1st May: 16:00 - 20:00
- Friday 2nd May: 16:00 - 20:00
- Up & Running Store.
- £15 cash only.

### COLLECTION ON RACE DAY

If you cannot collect your running number from the Up & Running store, you can collect it from the Info Point from 07:00 until 09:00.

### ENTRIES ON RACE DAY

If we have spare places for the fun run, we will promote them on social media the week before the event.

### IMPORTANT INFORMATION

1. Up & Running, Inside Go Outdoors, Central Retail Park, Patriot Dr, Bradwell Common, Milton Keynes MK13 8PU.
2. Enjoy 15% OFF non-sale items at Up & Running when you collect your number.
3. You can also collect the running numbers of friends and family. You will need to confirm their full name and postcode.
4. If you are not sure when you entered, then you can check your account here: [mkmarathon.eventrac.co.uk/users/profile](http://mkmarathon.eventrac.co.uk/users/profile)
5. Entries on race day are subject to availability.
6. The Info Point will be located inside gate 6 of the Arena.
7. Safety pins and pens are on a table near the Info Desk. Please do not get in the Info Desk queue to get pins or pens.
8. Attach your number to the front of your running top where marshals can see it and complete any medical details on the back.
9. We do not offer refunds for this event.

**When you receive your Running Number you are ready to run!  
Just pin on your number and you're ready to go.**



*Baking life's special moments*

**Proud Sponsor of the**  **marathon WEEKEND**

## 80+ year old French recipe!

In 1936, our father Gabriel Pasquier opened his boulangerie in the small village of Les Cerqueux, situated in the Loire region of France. Since then, we have been committed to offering you simple, yet tasty products using our classic French recipe. After many years of baking our delicious brioche, one day we had the idea to create a scrumptious brioche for children that would be great to enjoy wherever they go. A little while later, the PITCH we know and love was born: a yummy filled brioche roll, that is perfect for lunchboxes or for a breaktime snack.



**COME AND GRAB YOUR FREE  
SAMPLE AT THE FINISH LINE!**

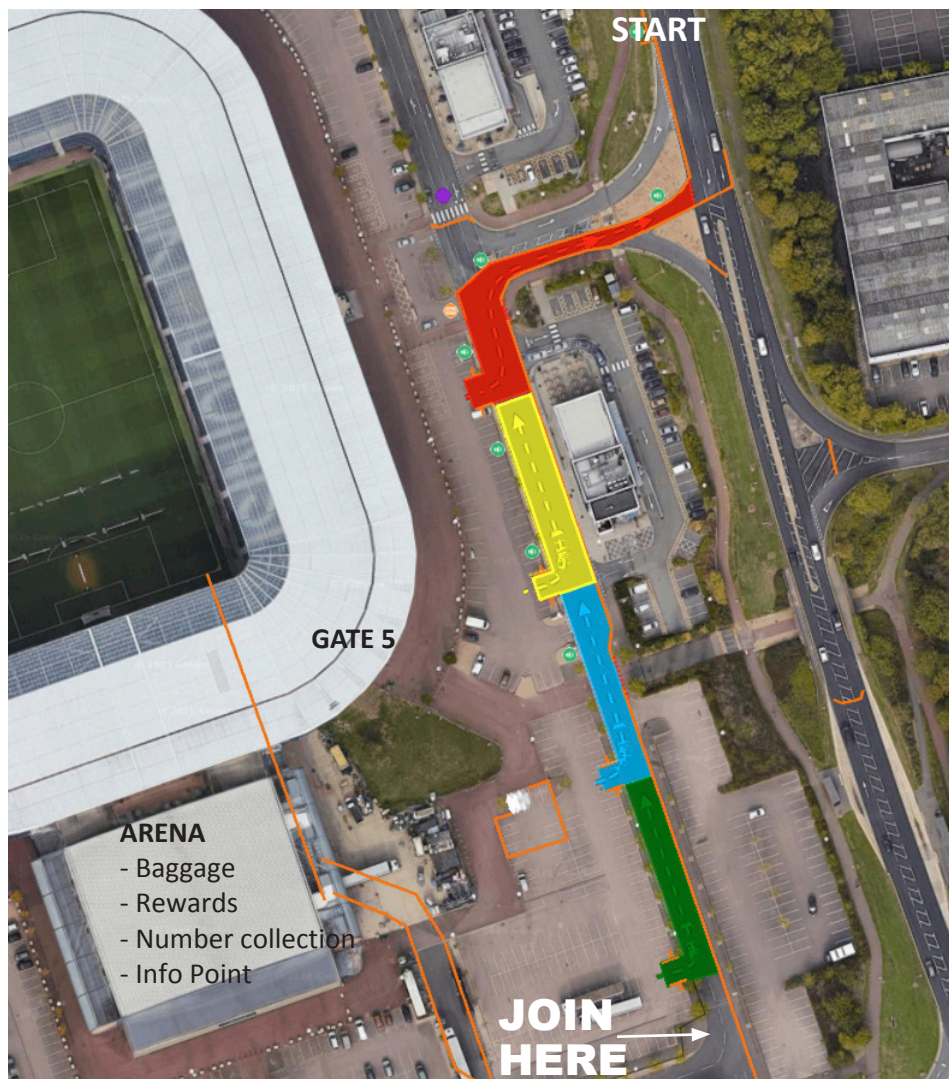




# Fun Run Start @ 09:30

**YOU SHOULD BE AT THE BACK OF THE START ZONES BY 09:15**

**PLEASE JOIN THE BACK OF THE GREEN ZONE AND YOU WILL BE TAKEN TO THE START LINE AFTER THE MARATHON/HALF RUNNERS HAVE STARTED.**



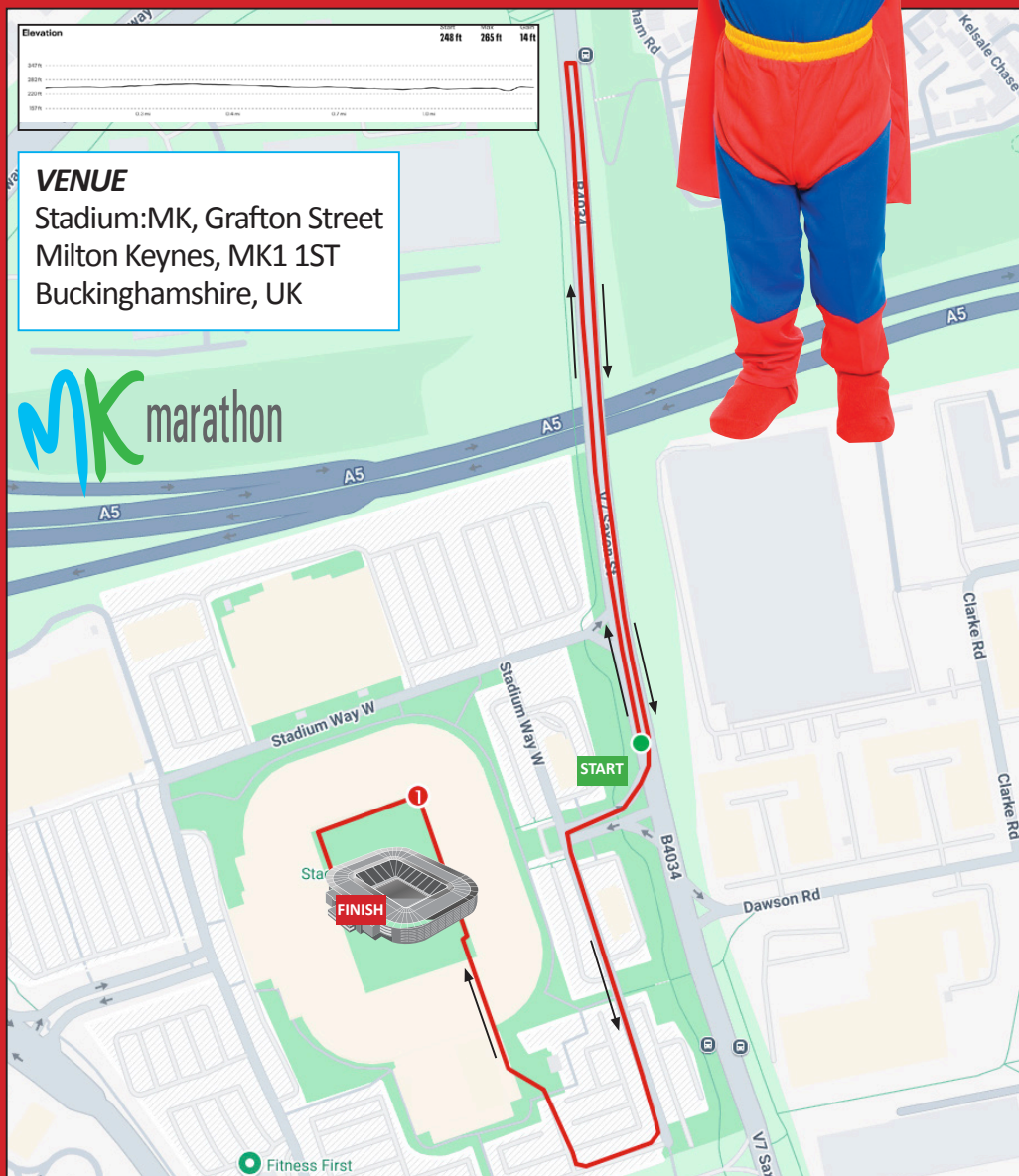
# SUPERHERO FUN RUN



## VENUE

Stadium:MK, Grafton Street  
Milton Keynes, MK1 1ST  
Buckinghamshire, UK

**MK** marathon



# Superhero Fun Run

## Child Collection

All Superheroes will enter the stadium via the service tunnel, complete an anti-clockwise lap of the pitch and finish near the players tunnel. Once through the finish they will be given their medal, water. They will then continue around the pitch and exit the stadium via the service tunnel. Finishers will then be directed through the Arena, and given a Brioche roll before exiting Gate 6.

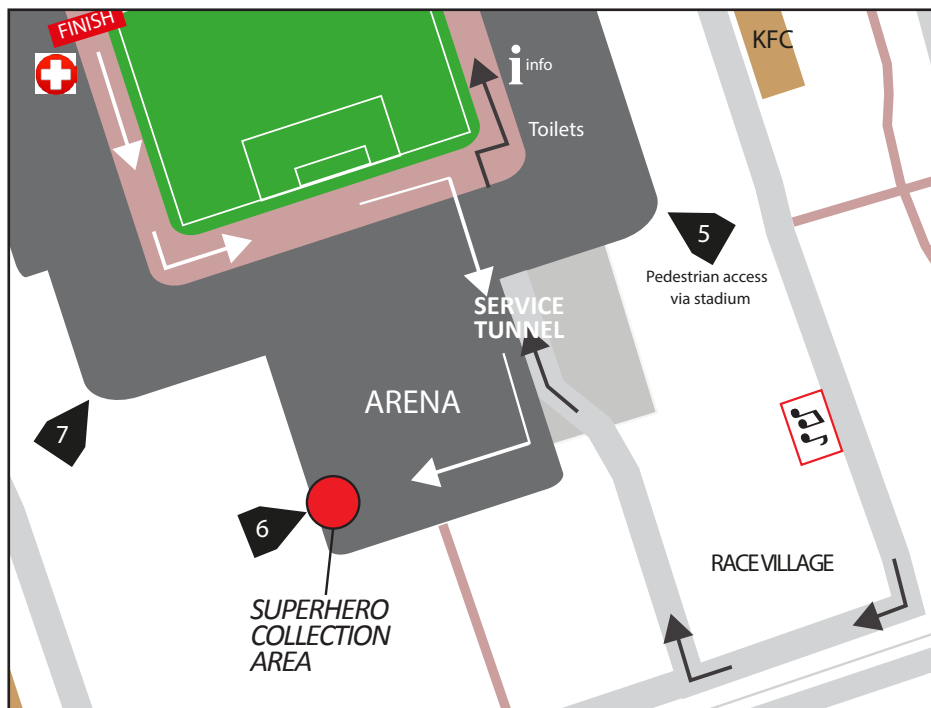
### CHILD COLLECTION

Adults should collect unaccompanied children from the Superhero Collection Area just inside Gate 6 of the Arena.

Please be ready to collect your child at 10:00.

### LOST CHILD

If you have lost a child, then please go to the Info Point, which can be found just inside Gate 6 of the Arena.





# Let's Do it Again!

MK Marathon Weekend 3-4 May 2026



Take advantage of Super Early Bird Pricing for the 2026 MK Marathon Weekend from Monday, May 5th, until Saturday, May 10th, at midnight. Sign up using the QR code below.



May the 4th  
be with you

[www.mkmarathon.com](http://www.mkmarathon.com)



2026 medals are inspired by Star Wars.